

Veranstalter und Ausrichter:

Startgemeinschaft Essen e.V.



# Protokoll

**22. Essener Swim & Fun Days 2023**  
**vom 17.03.2023 bis 19.03.2023**

## Wettkampfbecken

8 Bahnen á 50m  
Wellenkiller-Leinen  
Wassertemperatur ca. 26°C  
Automatische Zeitnahme

## Schwimmbad-Adresse



Von-Einem Strasse 77  
45130 Essen

## 1. Veranstaltungsabschnitt: 17.03.2023

**Einlass / Einschwimmen: 14:00 Uhr**

**Kari-Sitzung: 14:15 Uhr**

**Einschwimmende: 10 Min. vor Beginn**

**Beginn: 15:00 Uhr**



POWERED BY  Sparkasse Essen & 

## Anzahl Meldungen, Abschnitt 1

Teilnehmer: weiblich/männlich Meldungen: Einzel/Staffel

### Badischer Schwimm-Verband (LSV-Nr.: 1)

Verein	DSV-Id	Teilnehmer	Abs.1
SGR Karlsruhe	5087	5/ 4	11/ 0
SV Nikar Heidelberg	4807	2/ 4	6/ 0
<b>Gesamt für den Verband</b>		<b>7/ 8</b>	<b>17/ 0</b>

### Hessischer Schwimm-Verband (LSV-Nr.: 7)

Verein	DSV-Id	Teilnehmer	Abs.1
SG Frankfurt	4965	6/ 4	11/ 0
<b>Gesamt für den Verband</b>		<b>6/ 4</b>	<b>11/ 0</b>

### Saarländischer Schwimm-Bund (LSV-Nr.: 11)

Verein	DSV-Id	Teilnehmer	Abs.1
SSG Saar Max Ritter	4858	15/ 8	25/ 0
<b>Gesamt für den Verband</b>		<b>15/ 8</b>	<b>25/ 0</b>

### Schwimmverband Nordrhein-Westfalen (LSV-Nr.: 17)

Verein	DSV-Id	Teilnehmer	Abs.1
Aachener SV 06	2641	0/ 1	1/ 0
Düsseldorfer SC 1898	2700	1/ 2	3/ 0
SC Aqua Köln	6449	1/ 0	1/ 0
SG Essen	2872	23/ 18	43/ 0
SG Gladbeck/Recklinghausen	7097	3/ 2	5/ 0
SG Mülheim	2884	4/ 1	5/ 0
SG WAGO 1950	6796	1/ 0	1/ 0
SSF Bonn	2933	0/ 1	1/ 0
SV Bieber 67 Lendringsen	2935	1/ 0	1/ 0
SVg Bottrop 1924 e.V.	2958	4/ 2	6/ 0
VFL Gladbeck 1921	3204	1/ 2	3/ 0
<b>Gesamt für den Verband</b>		<b>39/ 29</b>	<b>70/ 0</b>

### Schwimmverband Württemberg (LSV-Nr.: 18)

Verein	DSV-Id	Teilnehmer	Abs.1
SV Cannstatt	2502	0/ 4	4/ 0
TSV Neustadt 1906	2578	1/ 0	1/ 0
VfL Sindelfingen	2624	1/ 0	2/ 0
<b>Gesamt für den Verband</b>		<b>2/ 4</b>	<b>7/ 0</b>

### Gesamtzahl der Meldungen

Verein	DSV-Id	Teilnehmer	Abs.1
<b>Alle Vereine</b>		<b>69/ 53</b>	<b>130/ 0</b>

## **Abschnitt 1 - Freitag 17.03.2023**

Einlass: 14:00 Uhr | Einschwimmen: 14:00 Uhr | Kampfrichtersitzung: 14:15 Uhr  
Beginn: 15:00 Uhr

### **Wettkampfstätte**

Schwimmbad Essen-Rüttenscheid, Von-Einem Strasse 77, 45130 Essen  
8 Bahnen á 50m, Wellenkiller, Elektronik, Wassertemperatur: ca. 26°C

### **Kampfgericht Abschnitt 1**

<i>Position</i>	<i>Name</i>	<i>Verein</i>
Schiedsrichter weiblich	Lars Ewert	SG Essen
Schiedsrichter männlich	Manfred Koschel	SG Essen
Starter weiblich	Nick Spielkamp	SG Essen
Starter männlich	Thomas Wachholz	Duiburger ST
Schwimmrichter 1	freier Starter	
Schwimmrichter 2	Dr. med. Jana Jakobi	SG Frankfurt
Sprecher 1	Ingolf Baumbach	SC Schliersee
Auswerter 1	Justin Laurien	PSV Oberhausen
Auswerter 2	Nicole Mielke	SG Essen
Protokollführer	Ralf Kirchmayer	SG Essen
Zeitmessung	Stephan Gabrys	SG Essen
Computer 1	Manfred Zey	SG Essen
Computer 2	Katharina Hebekeuser	SG Essen

### **Zielgericht**

<i>Position</i>	<i>Name</i>	<i>Verein</i>
Zielrichterobmann	Stefan Sandfort	SG Essen
Zielrichter 1	Nils Borghoff	SG Essen
Zielrichter 2	Simone Bruzinski	SG Essen

### **Zeitgericht 1**

<i>Position</i>	<i>Name</i>	<i>Verein</i>
Zeitnehmerobmann	Miriam Kaiser	SG Essen
Zeitnehmer Bahn 1	Kathrin Strube	SG Gladbeck/Recklinghausen
Zeitnehmer Bahn 2	Daniela Vogt	SG Mülheim
Zeitnehmer Bahn 3	Annette Boller	SG Essen
Zeitnehmer Bahn 4	Anastasia Palagina	SG Essen
Zeitnehmer Bahn 5	Sandra Pliska	SG Essen
Zeitnehmer Bahn 6	Marcel Eigner	SG Essen
Zeitnehmer Bahn 7	Daniela Kusche	VFL Gladbeck 1921
Zeitnehmer Bahn 8	Wei Wang	SG Frankfurt
Reservezeitnehmer 1	Marc Lewandowski	SVg Bottrop 1924 e.V.

## noch Kampfgericht Abschnitt 1

### Wendegericht

<i>Position</i>	<i>Name</i>	<i>Verein</i>
Wenderichter Obmann	Sandra Lindemann	SG Essen
Wenderichter Bahn 1	wie WRO	
Wenderichter Bahn 2	wie Bahn 1	
Wenderichter Bahn 3	Gisela Erbslöh	SG Essen
Wenderichter Bahn 4	wie Bahn 3	
Wenderichter Bahn 5	Jule Sophie Schmidt	SV Blau-Weiß Bochum
Wenderichter Bahn 6	wie Bahn 5	
Wenderichter Bahn 7	Lothar Semrau	SG Essen
Wenderichter Bahn 8	wie Bahn 7	

## Wettkampffolge für Abschnitt 1

- Wettkampf 1 - 1500m Freistil weiblich
- Wettkampf 2 - 800m Freistil männlich
- Wettkampf 3 - 400m Freistil weiblich
- Wettkampf 4 - 400m Freistil männlich
- Wettkampf 5 - 400m Lagen weiblich
- Wettkampf 6 - 400m Lagen männlich
- Wettkampf 7 - 800m Freistil weiblich
- Wettkampf 8 - 1500m Freistil männlich

## Wettkampf 1 - 1500m Freistil weiblich

CR: 16:04,57 - Sarah Köhler (SG Frankfurt) am 23.03.2018 in Essen

### Pflichtzeiten

offen: 22:00,00

### Offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
1.	Marian Plöger	2006	VfL Sindelfingen	16:59,37	16
	50m: 00:30,91 (00:30,91)   100m: 01:04,02 (00:33,11)   150m: 01:38,17 (00:34,15)				
	200m: 02:12,22 (00:34,05)   250m: 02:46,61 (00:34,39)   300m: 03:20,43 (00:33,82)				
	350m: 03:54,57 (00:34,14)   400m: 04:28,51 (00:33,94)   450m: 05:03,08 (00:34,57)				
	500m: 05:37,19 (00:34,11)   550m: 06:11,68 (00:34,49)   600m: 06:45,53 (00:33,85)				
	650m: 07:20,22 (00:34,69)   700m: 07:54,22 (00:34,00)   750m: 08:28,86 (00:34,64)				
	800m: 09:02,99 (00:34,13)   850m: 09:37,49 (00:34,50)   900m: 10:11,04 (00:33,55)				
	950m: 10:45,91 (00:34,87)   1000m: 11:20,07 (00:34,16)   1050m: 11:54,56 (00:34,49)				
	1100m: 12:28,32 (00:33,76)   1150m: 13:02,71 (00:34,39)   1200m: 13:36,67 (00:33,96)				
	1250m: 14:11,10 (00:34,43)   1300m: 14:45,12 (00:34,02)   1350m: 15:19,38 (00:34,26)				
	1400m: 15:53,14 (00:33,76)   1450m: 16:27,29 (00:34,15)   1500m: 16:59,37 (00:32,08)				
2.	Mira Helget	2009	SGR Karlsruhe	17:51,43	15
	50m: 00:31,80 (00:31,80)   100m: 01:05,81 (00:34,01)   150m: 01:41,17 (00:35,36)				
	200m: 02:16,49 (00:35,32)   250m: 02:52,36 (00:35,87)   300m: 03:28,11 (00:35,75)				
	350m: 04:03,96 (00:35,85)   400m: 04:39,74 (00:35,78)   450m: 05:15,39 (00:35,65)				
	500m: 05:51,09 (00:35,70)   550m: 06:26,45 (00:35,36)   600m: 07:02,13 (00:35,68)				
	650m: 07:37,65 (00:35,52)   700m: 08:13,39 (00:35,74)   750m: 08:49,41 (00:36,02)				
	800m: 09:25,21 (00:35,80)   850m: 10:00,93 (00:35,72)   900m: 10:36,90 (00:35,97)				
	950m: 11:12,91 (00:36,01)   1000m: 11:48,99 (00:36,08)   1050m: 12:25,12 (00:36,13)				
	1100m: 13:00,98 (00:35,86)   1150m: 13:37,37 (00:36,39)   1200m: 14:13,45 (00:36,08)				
	1250m: 14:50,12 (00:36,67)   1300m: 15:26,24 (00:36,12)   1350m: 16:02,64 (00:36,40)				
	1400m: 16:38,99 (00:36,35)   1450m: 17:15,61 (00:36,62)   1500m: 17:51,43 (00:35,82)				
3.	Katrin Harnischmacher	1997	SV Bieber 67 Lendringsen	18:49,99	7
	50m: 00:33,06 (00:33,06)   100m: 01:09,02 (00:35,96)   150m: 01:45,98 (00:36,96)				
	200m: 02:23,12 (00:37,14)   250m: 03:00,60 (00:37,48)   300m: 03:38,20 (00:37,60)				
	350m: 04:15,92 (00:37,72)   400m: 04:53,88 (00:37,96)   450m: 05:31,73 (00:37,85)				
	500m: 06:09,88 (00:38,15)   550m: 06:47,80 (00:37,92)   600m: 07:25,69 (00:37,89)				
	650m: 08:03,79 (00:38,10)   700m: 08:41,66 (00:37,87)   750m: 09:19,66 (00:38,00)				
	800m: 09:57,49 (00:37,83)   850m: 10:35,47 (00:37,98)   900m: 11:14,07 (00:38,60)				
	950m: 11:52,24 (00:38,17)   1000m: 12:30,07 (00:37,83)   1050m: 13:08,20 (00:38,13)				
	1100m: 13:46,27 (00:38,07)   1150m: 14:24,19 (00:37,92)   1200m: 15:02,63 (00:38,44)				
	1250m: 15:40,28 (00:37,65)   1300m: 16:18,28 (00:38,00)   1350m: 16:56,36 (00:38,08)				
	1400m: 17:24,51 (00:28,15)   1450m: 18:12,51 (00:48,00)   1500m: 18:49,99 (00:37,48)				

## noch Wettkampf 1 - 1500m Freistil weiblich

### noch Offene Wertung

<b>Platz</b>	<b>Schwimmer(in)</b>	<b>Jg.</b>	<b>Verein</b>	<b>Endzeit</b>	<b>Rudolph</b>
4.	Emilia Tesche	2010	SSG Saar Max Ritter	20:22,49	8
	50m: 00:36,28 (00:36,28)   100m: 01:17,58 (00:41,30)   150m: 01:58,05 (00:40,47) 200m: 02:39,42 (00:41,37)   250m: 03:19,76 (00:40,34)   300m: 04:01,20 (00:41,44) 350m: 04:41,91 (00:40,71)   400m: 05:23,22 (00:41,31)   450m: 06:03,68 (00:40,46) 500m: 06:45,50 (00:41,82)   550m: 07:26,58 (00:41,08)   600m: 08:08,09 (00:41,51) 650m: 08:49,24 (00:41,15)   700m: 09:30,39 (00:41,15)   750m: 10:11,04 (00:40,65) 800m: 10:52,40 (00:41,36)   850m: 11:32,70 (00:40,30)   900m: 12:13,89 (00:41,19) 950m: 12:53,83 (00:39,94)   1000m: 13:35,17 (00:41,34)   1050m: 14:15,76 (00:40,59) 1100m: 14:56,86 (00:41,10)   1150m: 15:37,04 (00:40,18)   1200m: 16:17,93 (00:40,89) 1250m: 16:58,11 (00:40,18)   1300m: 17:39,33 (00:41,22)   1350m: 18:19,82 (00:40,49) 1400m: 19:01,08 (00:41,26)   1450m: 19:41,48 (00:40,40)   1500m: 20:22,49 (00:41,01)				
5.	Lisa Eis	2010	SSG Saar Max Ritter	20:31,76	7
	50m: 00:36,33 (00:36,33)   100m: 01:17,27 (00:40,94)   150m: 01:57,98 (00:40,71) 200m: 02:39,06 (00:41,08)   250m: 03:19,68 (00:40,62)   300m: 04:00,96 (00:41,28) 350m: 04:41,67 (00:40,71)   400m: 05:23,20 (00:41,53)   450m: 06:03,52 (00:40,32) 500m: 06:45,15 (00:41,63)   550m: 07:26,39 (00:41,24)   600m: 08:08,15 (00:41,76) 650m: 08:48,91 (00:40,76)   700m: 09:30,54 (00:41,63)   750m: 10:11,09 (00:40,55) 800m: 10:52,71 (00:41,62)   850m: 11:33,06 (00:40,35)   900m: 12:15,07 (00:42,01) 950m: 12:55,01 (00:39,94)   1000m: 13:37,71 (00:42,70)   1050m: 14:18,22 (00:40,51) 1100m: 15:00,22 (00:42,00)   1150m: 15:41,05 (00:40,83)   1200m: 16:23,67 (00:42,62) 1250m: 17:04,55 (00:40,88)   1300m: 17:46,99 (00:42,44)   1350m: 18:28,32 (00:41,33) 1400m: 19:10,10 (00:41,78)   1450m: 19:50,57 (00:40,47)   1500m: 20:31,76 (00:41,19)				
6.	Melina Jörgens	2009	SVg Bottrop 1924 e.V.	23:00,41	KMR
	100m: 01:17,08 (01:17,08)   200m: 02:44,96 (01:27,88)   300m: 04:15,95 (01:30,99) 400m: 05:48,42 (01:32,47)   500m: 07:20,89 (01:32,47)   600m: 08:53,06 (01:32,17) 700m: 10:25,94 (01:32,88)   800m: 12:00,27 (01:34,33)   900m: 13:34,74 (01:34,47) 1000m: 15:10,27 (01:35,53)   1100m: 16:45,88 (01:35,61)   1200m: 18:21,46 (01:35,58) 1250m: 19:10,64 (00:49,18)   1300m: 19:58,34 (00:47,70)   1350m: 20:46,56 (00:48,22) 1400m: 21:32,57 (00:46,01)   1500m: 23:00,41 (01:27,84)				
	<u>nicht am Start</u>				
	Mariia Bondarenko	2003	SC Aqua Köln		KMR
	Samira Thelemann	2008	SG WAGO 1950		KMR
	<u>abgemeldet</u>				
	Melina Schulz	2008	SG Frankfurt		KMR

## Wettkampf 2 - 800m Freistil männlich

CR: 08:00,87 - Thomas Lurz (SV Würzburg 05) am 02.03.2007 in Essen

### Pflichtzeiten

offen: 10:30,00

### Offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
1.	Leo Leverkus	2008	SGR Karlsruhe	08:28,48	18
	50m: 00:29,25 (00:29,25)   100m: 01:00,91 (00:31,66)   150m: 01:33,08 (00:32,17) 200m: 02:04,98 (00:31,90)   250m: 02:37,32 (00:32,34)   300m: 03:09,56 (00:32,24) 350m: 03:42,19 (00:32,63)   400m: 04:14,28 (00:32,09)   450m: 04:46,60 (00:32,32) 500m: 05:18,52 (00:31,92)   550m: 05:50,77 (00:32,25)   600m: 06:22,62 (00:31,85) 650m: 06:54,78 (00:32,16)   700m: 07:26,64 (00:31,86)   750m: 07:58,67 (00:32,03) 800m: 08:28,48 (00:29,81)				
2.	Josef Strohalm	2009	SG Frankfurt	09:13,24	13
	50m: 00:30,47 (00:30,47)   100m: 01:04,89 (00:34,42)   150m: 01:39,70 (00:34,81) 200m: 02:14,54 (00:34,84)   250m: 02:49,22 (00:34,68)   300m: 03:23,82 (00:34,60) 350m: 03:59,03 (00:35,21)   400m: 04:33,98 (00:34,95)   450m: 05:09,35 (00:35,37) 500m: 05:44,23 (00:34,88)   550m: 06:19,46 (00:35,23)   600m: 06:54,45 (00:34,99) 650m: 07:29,63 (00:35,18)   700m: 08:04,59 (00:34,96)   750m: 08:39,60 (00:35,01) 800m: 09:13,24 (00:33,64)				
3.	Oskar Iskakov	2010	SSG Saar Max Ritter	10:08,20	9
	50m: 00:32,16 (00:32,16)   100m: 01:09,11 (00:36,95)   150m: 01:46,45 (00:37,34) 200m: 02:24,56 (00:38,11)   250m: 03:02,37 (00:37,81)   300m: 03:40,44 (00:38,07) 350m: 04:18,73 (00:38,29)   400m: 04:57,18 (00:38,45)   450m: 05:35,64 (00:38,46) 500m: 06:14,77 (00:39,13)   550m: 06:53,95 (00:39,18)   600m: 07:33,18 (00:39,23) 650m: 08:11,86 (00:38,68)   700m: 08:50,90 (00:39,04)   750m: 09:29,58 (00:38,68) 800m: 10:08,20 (00:38,62)				
4.	Finn Nagel	2010	VFL Gladbeck 1921	10:16,50	8
	50m: 00:33,64 (00:33,64)   100m: 01:11,03 (00:37,39)   150m: 01:50,48 (00:39,45) 200m: 02:29,12 (00:38,64)   250m: 03:09,03 (00:39,91)   300m: 03:48,32 (00:39,29) 350m: 04:27,36 (00:39,04)   400m: 05:06,59 (00:39,23)   450m: 05:46,64 (00:40,05) 500m: 06:25,47 (00:38,83)   550m: 07:05,06 (00:39,59)   600m: 07:44,01 (00:38,95) 650m: 08:22,99 (00:38,98)   700m: 09:01,73 (00:38,74)   750m: 09:40,05 (00:38,32) 800m: 10:16,50 (00:36,45)				

## Wettkampf 3 - 400m Freistil weiblich

CR: 04:12,80 - Reva Foss (SG Frankfurt) am 24.03.2019 in Essen

### Pflichtzeiten

2010 bis 2013: 06:40,00 2009 und älter: 05:20,00

### Jugend D

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
1.	Hailey Grace Walker 50m: 00:34,60 (00:34,60)   100m: 01:15,56 (00:40,96)   150m: 01:55,59 (00:40,03) 200m: 02:38,35 (00:42,76)   250m: 03:18,49 (00:40,14)   300m: 04:01,71 (00:43,22) 350m: 04:42,73 (00:41,02)   400m: 05:24,48 (00:41,75)	2012	SG Essen	05:24,48	10
2.	Lorena Guerra Gonzalez 50m: 00:36,90 (00:36,90)   100m: 01:19,21 (00:42,31)   150m: 02:03,34 (00:44,13) 200m: 02:47,90 (00:44,56)   250m: 03:32,90 (00:45,00)   300m: 04:18,13 (00:45,23) 350m: 05:03,14 (00:45,01)   400m: 05:45,14 (00:42,00)	2012	SG Essen	05:45,14	5
3.	Paula Deuker 50m: 00:39,85 (00:39,85)   100m: 01:26,63 (00:46,78)   150m: 02:13,70 (00:47,07) 200m: 02:58,86 (00:45,16)   250m: 03:46,08 (00:47,22)   300m: 04:32,57 (00:46,49) 350m: 05:17,80 (00:45,23)   400m: 06:00,18 (00:42,38)	2013	SG Essen	06:00,18	7
4.	Elisaweta Sablin 50m: 00:39,00 (00:39,00)   100m: 01:28,23 (00:49,23)   150m: 02:18,59 (00:50,36) 200m: 03:10,55 (00:51,96)   250m: 04:02,33 (00:51,78)   300m: 04:53,07 (00:50,74) 350m: 05:43,59 (00:50,52)   400m: 06:31,50 (00:47,91)	2013	SG Essen	06:31,50	

### Jugend C

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
1.	Sarah Pliska 50m: 00:30,74 (00:30,74)   100m: 01:04,77 (00:34,03)   150m: 01:39,97 (00:35,20) 200m: 02:15,39 (00:35,42)   250m: 02:51,67 (00:36,28)   300m: 03:27,37 (00:35,70) 350m: 04:03,50 (00:36,13)   400m: 04:38,00 (00:34,50)	2010	SG Essen	04:38,00	15
2.	Anni Winter 50m: 00:32,01 (00:32,01)   100m: 01:07,11 (00:35,10)   150m: 01:42,82 (00:35,71) 200m: 02:18,26 (00:35,44)   250m: 02:54,27 (00:36,01)   300m: 03:30,17 (00:35,90) 350m: 04:05,92 (00:35,75)   400m: 04:40,77 (00:34,85)	2010	SG Essen	04:40,77	14
3.	Marina Maja Krietenbrink 50m: 00:31,14 (00:31,14)   100m: 01:06,85 (00:35,71)   150m: 01:42,91 (00:36,06) 200m: 02:18,77 (00:35,86)   250m: 02:55,05 (00:36,28)   300m: 03:31,27 (00:36,22) 350m: 04:06,91 (00:35,64)   400m: 04:40,87 (00:33,96)	2010	SG Essen	04:40,87	14
4.	Leni Tesche 50m: 00:34,00 (00:34,00)   100m: 01:11,16 (00:37,16)   150m: 01:48,90 (00:37,74) 200m: 02:26,32 (00:37,42)   250m: 03:03,66 (00:37,34)   300m: 03:41,16 (00:37,50) 350m: 04:18,69 (00:37,53)   400m: 04:54,70 (00:36,01)	2011	SSG Saar Max Ritter	04:54,70	13
5.	Helene Boller 50m: 00:32,74 (00:32,74)   100m: 01:10,55 (00:37,81)   150m: 01:48,56 (00:38,01) 200m: 02:27,30 (00:38,74)   250m: 03:05,98 (00:38,68)   300m: 03:45,59 (00:39,61) 350m: 04:25,55 (00:39,96)   400m: 05:04,88 (00:39,33)	2011	SG Essen	05:04,88	11
6.	Wiebke Werner 50m: 00:35,00 (00:35,00)   100m: 01:13,22 (00:38,22)   150m: 01:52,98 (00:39,76) 200m: 02:32,67 (00:39,69)   250m: 03:13,00 (00:40,33)   300m: 03:52,45 (00:39,45) 350m: 04:30,96 (00:38,51)   400m: 05:08,54 (00:37,58)	2010	SG Mülheim	05:08,54	7



## noch Wettkampf 3 - 400m Freistil weiblich

### noch Jugend C

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
7.	Jairah Malien Bermann	2011	SG Essen	05:13,10	9
	50m: 00:33,61 (00:33,61)   100m: 01:13,54 (00:39,93)   150m: 01:52,78 (00:39,24) 200m: 02:33,05 (00:40,27)   250m: 03:11,17 (00:38,12)   300m: 03:51,84 (00:40,67) 350m: 04:32,11 (00:40,27)   400m: 05:13,10 (00:40,99)				
8.	Anna Chiara Schleifer	2011	SG Essen	05:21,12	7
	50m: 00:34,30 (00:34,30)   100m: 01:14,75 (00:40,45)   150m: 01:55,14 (00:40,39) 200m: 02:36,71 (00:41,57)   250m: 03:17,33 (00:40,62)   300m: 04:00,45 (00:43,12) 350m: 04:40,31 (00:39,86)   400m: 05:21,12 (00:40,81)				
9.	Alina Eis	2010	SSG Saar Max Ritter	05:26,40	2
	50m: 00:35,87 (00:35,87)   100m: 01:14,63 (00:38,76)   150m: 01:55,72 (00:41,09) 200m: 02:37,43 (00:41,71)   250m: 03:20,60 (00:43,17)   300m: 04:04,29 (00:43,69) 350m: 04:46,63 (00:42,34)   400m: 05:26,40 (00:39,77)				
10.	Lara Kaiser	2011	SG Essen	05:30,81	4
	50m: 00:34,42 (00:34,42)   100m: 01:14,51 (00:40,09)   150m: 01:56,56 (00:42,05) 200m: 02:39,20 (00:42,64)   250m: 03:22,64 (00:43,44)   300m: 04:06,24 (00:43,60) 350m: 04:49,11 (00:42,87)   400m: 05:30,81 (00:41,70)				
11.	Annika Büch	2010	SSG Saar Max Ritter	05:32,57	1
	50m: 00:37,03 (00:37,03)   100m: 01:19,97 (00:42,94)   150m: 02:02,79 (00:42,82) 200m: 02:45,40 (00:42,61)   250m: 03:27,91 (00:42,51)   300m: 04:11,25 (00:43,34) 350m: 04:52,77 (00:41,52)   400m: 05:32,57 (00:39,80)				
12.	Jill Salzsiedler	2010	SG Essen	05:44,29	
	50m: 00:34,94 (00:34,94)   100m: 01:14,93 (00:39,99)   150m: 01:57,73 (00:42,80) 200m: 02:42,14 (00:44,41)   250m: 03:28,18 (00:46,04)   300m: 04:13,63 (00:45,45) 350m: 05:00,16 (00:46,53)   400m: 05:44,29 (00:44,13)				
13.	Nila Szczygielski	2010	SVg Bottrop 1924 e.V.	05:45,72	
	50m: 00:36,12 (00:36,12)   100m: 01:19,05 (00:42,93)   150m: 02:03,34 (00:44,29) 200m: 02:48,51 (00:45,17)   250m: 03:33,50 (00:44,99)   300m: 04:19,25 (00:45,75) 350m: 05:04,36 (00:45,11)   400m: 05:45,72 (00:41,36)				
14.	Illira Eigner	2010	SG Essen	05:55,68	
	50m: 00:35,32 (00:35,32)   100m: 01:16,82 (00:41,50)   150m: 02:02,73 (00:45,91) 200m: 02:50,33 (00:47,60)   250m: 03:37,37 (00:47,04)   300m: 04:24,74 (00:47,37) 400m: 05:55,68 (01:30,94)				
15.	Mia Dahlke	2011	SVg Bottrop 1924 e.V.	05:56,69	
	50m: 00:36,66 (00:36,66)   100m: 01:20,39 (00:43,73)   150m: 02:07,17 (00:46,78) 200m: 02:54,16 (00:46,99)   250m: 03:41,88 (00:47,72)   300m: 04:29,39 (00:47,51) 350m: 05:15,80 (00:46,41)   400m: 05:56,69 (00:40,89)				
16.	Mirja Kallweit	2010	SG Essen	06:22,62	
	50m: 00:36,53 (00:36,53)   100m: 01:21,46 (00:44,93)   150m: 02:10,04 (00:48,58) 200m: 03:01,53 (00:51,49)   250m: 03:51,71 (00:50,18)   300m: 04:44,57 (00:52,86) 350m: 05:34,13 (00:49,56)   400m: 06:22,62 (00:48,49)				
	<u>abgemeldet</u>				
	Ella Rieke	2010	SSG Saar Max Ritter		KMR

## noch Wettkampf 3 - 400m Freistil weiblich

### Offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
1.	Zara Selimovic	2007	SG Essen	04:26,63	14
	50m: 00:30,42 (00:30,42)   100m: 01:03,69 (00:33,27)   150m: 01:37,80 (00:34,11) 200m: 02:11,96 (00:34,16)   250m: 02:45,78 (00:33,82)   300m: 03:19,17 (00:33,39) 350m: 03:53,16 (00:33,99)   400m: 04:26,63 (00:33,47)				
2.	Cleo Hentschke	2008	SG Essen	04:29,11	14
	50m: 00:30,22 (00:30,22)   100m: 01:03,77 (00:33,55)   150m: 01:38,02 (00:34,25) 200m: 02:12,03 (00:34,01)   250m: 02:46,13 (00:34,10)   300m: 03:20,81 (00:34,68) 350m: 03:55,96 (00:35,15)   400m: 04:29,11 (00:33,15)				
3.	Mila Wazner	2007	SGR Karlsruhe	04:29,58	13
	50m: 00:30,96 (00:30,96)   100m: 01:05,11 (00:34,15)   150m: 01:39,19 (00:34,08) 200m: 02:13,34 (00:34,15)   250m: 02:47,63 (00:34,29)   300m: 03:21,96 (00:34,33) 350m: 03:56,06 (00:34,10)   400m: 04:29,58 (00:33,52)				
4.	Helena Jurack	2009	SGR Karlsruhe	04:31,40	14
	50m: 00:30,29 (00:30,29)   100m: 01:05,03 (00:34,74)   150m: 01:38,87 (00:33,84) 200m: 02:13,94 (00:35,07)   250m: 02:47,55 (00:33,61)   300m: 03:22,82 (00:35,27) 350m: 03:56,88 (00:34,06)   400m: 04:31,40 (00:34,52)				
5.	Juliana Buttler	2009	SG Gladbeck/Recklinghausen	04:31,80	14
	50m: 00:30,37 (00:30,37)   100m: 01:03,97 (00:33,60)   150m: 01:38,27 (00:34,30) 200m: 02:12,90 (00:34,63)   250m: 02:48,23 (00:35,33)   300m: 03:22,93 (00:34,70) 350m: 03:58,11 (00:35,18)   400m: 04:31,80 (00:33,69)				
6.	Lea-Sophie Wenzel	2006	SG Essen	04:32,00	12
	50m: 00:30,62 (00:30,62)   100m: 01:04,19 (00:33,57)   150m: 01:38,57 (00:34,38) 200m: 02:12,85 (00:34,28)   250m: 02:47,77 (00:34,92)   300m: 03:22,72 (00:34,95) 350m: 03:58,30 (00:35,58)   400m: 04:32,00 (00:33,70)				
7.	Sarah Pliska	2010	SG Essen	04:38,00	15
	50m: 00:30,74 (00:30,74)   100m: 01:04,77 (00:34,03)   150m: 01:39,97 (00:35,20) 200m: 02:15,39 (00:35,42)   250m: 02:51,67 (00:36,28)   300m: 03:27,37 (00:35,70) 350m: 04:03,50 (00:36,13)   400m: 04:38,00 (00:34,50)				
8.	Anni Winter	2010	SG Essen	04:40,77	14
	50m: 00:32,01 (00:32,01)   100m: 01:07,11 (00:35,10)   150m: 01:42,82 (00:35,71) 200m: 02:18,26 (00:35,44)   250m: 02:54,27 (00:36,01)   300m: 03:30,17 (00:35,90) 350m: 04:05,92 (00:35,75)   400m: 04:40,77 (00:34,85)				
9.	Marina Maja Krietenbrink	2010	SG Essen	04:40,87	14
	50m: 00:31,14 (00:31,14)   100m: 01:06,85 (00:35,71)   150m: 01:42,91 (00:36,06) 200m: 02:18,77 (00:35,86)   250m: 02:55,05 (00:36,28)   300m: 03:31,27 (00:36,22) 350m: 04:06,91 (00:35,64)   400m: 04:40,87 (00:33,96)				
10.	Anna Theissen	2008	SG Frankfurt	04:41,96	11
	50m: 00:31,30 (00:31,30)   100m: 01:05,71 (00:34,41)   150m: 01:41,64 (00:35,93) 200m: 02:17,52 (00:35,88)   250m: 02:53,78 (00:36,26)   300m: 03:30,15 (00:36,37) 350m: 04:06,40 (00:36,25)   400m: 04:41,96 (00:35,56)				
11.	Nele Bär	2009	SSG Saar Max Ritter	04:48,19	10
	50m: 00:33,18 (00:33,18)   100m: 01:09,82 (00:36,64)   150m: 01:47,20 (00:37,38) 200m: 02:24,35 (00:37,15)   250m: 03:01,55 (00:37,20)   300m: 03:38,03 (00:36,48) 350m: 04:14,61 (00:36,58)   400m: 04:48,19 (00:33,58)				
12.	Charlotte Engler	1999	SV Nikar Heidelberg	04:51,82	5
	50m: 00:32,02 (00:32,02)   100m: 01:08,12 (00:36,10)   150m: 01:44,51 (00:36,39) 200m: 02:22,33 (00:37,82)   250m: 02:59,85 (00:37,52)   300m: 03:37,50 (00:37,65) 350m: 04:14,96 (00:37,46)   400m: 04:51,82 (00:36,86)				

## noch Wettkampf 3 - 400m Freistil weiblich

### noch Offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
13.	Maya Wolkowski	2005	SG Gladbeck/Recklinghausen	04:54,36	6
	<i>50m: 00:33,19 (00:33,19)   100m: 01:09,62 (00:36,43)   150m: 01:46,70 (00:37,08) 200m: 02:23,93 (00:37,23)   250m: 03:01,87 (00:37,94)   300m: 03:39,87 (00:38,00) 350m: 04:17,52 (00:37,65)   400m: 04:54,36 (00:36,84)</i>				
14.	Leni Tesche	2011	SSG Saar Max Ritter	04:54,70	13
	<i>50m: 00:34,00 (00:34,00)   100m: 01:11,16 (00:37,16)   150m: 01:48,90 (00:37,74) 200m: 02:26,32 (00:37,42)   250m: 03:03,66 (00:37,34)   300m: 03:41,16 (00:37,50) 350m: 04:18,69 (00:37,53)   400m: 04:54,70 (00:36,01)</i>				
15.	Charlotte Weinandy	2009	SSG Saar Max Ritter	04:55,53	8
	<i>50m: 00:33,72 (00:33,72)   100m: 01:10,88 (00:37,16)   150m: 01:48,23 (00:37,35) 200m: 02:25,66 (00:37,43)   250m: 03:03,08 (00:37,42)   300m: 03:41,08 (00:38,00) 350m: 04:19,14 (00:38,06)   400m: 04:55,53 (00:36,39)</i>				
16.	Marie Passenberg	2007	SG Gladbeck/Recklinghausen	04:57,03	6
	<i>50m: 00:32,45 (00:32,45)   100m: 01:08,61 (00:36,16)   150m: 01:45,81 (00:37,20) 200m: 02:23,57 (00:37,76)   250m: 03:01,72 (00:38,15)   300m: 03:40,56 (00:38,84) 350m: 04:18,49 (00:37,93)   400m: 04:57,03 (00:38,54)</i>				
17.	Gloria Jakobi	2009	SG Frankfurt	05:00,38	7
	<i>50m: 00:32,93 (00:32,93)   100m: 01:10,01 (00:37,08)   150m: 01:47,72 (00:37,71) 200m: 02:25,88 (00:38,16)   250m: 03:04,59 (00:38,71)   300m: 03:43,78 (00:39,19) 350m: 04:22,39 (00:38,61)   400m: 05:00,38 (00:37,99)</i>				
18.	Clara Anderlohr	2008	SG Frankfurt	05:02,08	5
	<i>50m: 00:32,22 (00:32,22)   100m: 01:09,53 (00:37,31)   150m: 01:47,62 (00:38,09) 200m: 02:27,26 (00:39,64)   250m: 03:05,11 (00:37,85)   300m: 03:45,04 (00:39,93) 350m: 04:23,60 (00:38,56)   400m: 05:02,08 (00:38,48)</i>				
19.	Natalie Raschke	2007	SG Frankfurt	05:03,66	4
	<i>50m: 00:33,52 (00:33,52)   100m: 01:10,66 (00:37,14)   150m: 01:49,27 (00:38,61) 200m: 02:27,81 (00:38,54)   250m: 03:07,35 (00:39,54)   300m: 03:46,41 (00:39,06) 350m: 04:26,11 (00:39,70)   400m: 05:03,66 (00:37,55)</i>				
20.	Helene Boller	2011	SG Essen	05:04,88	11
	<i>50m: 00:32,74 (00:32,74)   100m: 01:10,55 (00:37,81)   150m: 01:48,56 (00:38,01) 200m: 02:27,30 (00:38,74)   250m: 03:05,98 (00:38,68)   300m: 03:45,59 (00:39,61) 350m: 04:25,55 (00:39,96)   400m: 05:04,88 (00:39,33)</i>				
21.	Wiebke Werner	2010	SG Mülheim	05:08,54	7
	<i>50m: 00:35,00 (00:35,00)   100m: 01:13,22 (00:38,22)   150m: 01:52,98 (00:39,76) 200m: 02:32,67 (00:39,69)   250m: 03:13,00 (00:40,33)   300m: 03:52,45 (00:39,45) 350m: 04:30,96 (00:38,51)   400m: 05:08,54 (00:37,58)</i>				
22.	Mia Lutz	2008	SG Mülheim	05:11,75	3
	<i>50m: 00:34,12 (00:34,12)   100m: 01:12,74 (00:38,62)   150m: 01:52,93 (00:40,19) 200m: 02:33,83 (00:40,90)   250m: 03:13,15 (00:39,32)   300m: 03:53,80 (00:40,65) 350m: 04:33,11 (00:39,31)   400m: 05:11,75 (00:38,64)</i>				
23.	Jairah Malien Bermann	2011	SG Essen	05:13,10	9
	<i>50m: 00:33,61 (00:33,61)   100m: 01:13,54 (00:39,93)   150m: 01:52,78 (00:39,24) 200m: 02:33,05 (00:40,27)   250m: 03:11,17 (00:38,12)   300m: 03:51,84 (00:40,67) 350m: 04:32,11 (00:40,27)   400m: 05:13,10 (00:40,99)</i>				
24.	Franziska Vogt	2009	SG Mülheim	05:14,10	4
	<i>50m: 00:35,01 (00:35,01)   100m: 01:13,45 (00:38,44)   150m: 01:53,26 (00:39,81) 200m: 02:33,30 (00:40,04)   250m: 03:14,02 (00:40,72)   300m: 03:54,13 (00:40,11) 350m: 04:34,64 (00:40,51)   400m: 05:14,10 (00:39,46)</i>				

## noch Wettkampf 3 - 400m Freistil weiblich

### noch Offene Wertung

<b>Platz</b>	<b>Schwimmer(in)</b>	<b>Jg.</b>	<b>Verein</b>	<b>Endzeit</b>	<b>Rudolph</b>
25.	Anna Chiara Schleifer	2011	SG Essen	05:21,12	7
	<i>50m: 00:34,30 (00:34,30)   100m: 01:14,75 (00:40,45)   150m: 01:55,14 (00:40,39) 200m: 02:36,71 (00:41,57)   250m: 03:17,33 (00:40,62)   300m: 04:00,45 (00:43,12) 350m: 04:40,31 (00:39,86)   400m: 05:21,12 (00:40,81)</i>				
26.	Hailey Grace Walker	2012	SG Essen	05:24,48	10
	<i>50m: 00:34,60 (00:34,60)   100m: 01:15,56 (00:40,96)   150m: 01:55,59 (00:40,03) 200m: 02:38,35 (00:42,76)   250m: 03:18,49 (00:40,14)   300m: 04:01,71 (00:43,22) 350m: 04:42,73 (00:41,02)   400m: 05:24,48 (00:41,75)</i>				
27.	Alina Eis	2010	SSG Saar Max Ritter	05:26,40	2
	<i>50m: 00:35,87 (00:35,87)   100m: 01:14,63 (00:38,76)   150m: 01:55,72 (00:41,09) 200m: 02:37,43 (00:41,71)   250m: 03:20,60 (00:43,17)   300m: 04:04,29 (00:43,69) 350m: 04:46,63 (00:42,34)   400m: 05:26,40 (00:39,77)</i>				
28.	Lara Kaiser	2011	SG Essen	05:30,81	4
	<i>50m: 00:34,42 (00:34,42)   100m: 01:14,51 (00:40,09)   150m: 01:56,56 (00:42,05) 200m: 02:39,20 (00:42,64)   250m: 03:22,64 (00:43,44)   300m: 04:06,24 (00:43,60) 350m: 04:49,11 (00:42,87)   400m: 05:30,81 (00:41,70)</i>				
29.	Nele Banczyk	2006	SVg Bottrop 1924 e.V.	05:31,58	KMR
	<i>50m: 00:33,13 (00:33,13)   100m: 01:11,82 (00:38,69)   150m: 01:52,71 (00:40,89) 200m: 02:35,67 (00:42,96)   250m: 03:19,34 (00:43,67)   300m: 04:04,87 (00:45,53) 350m: 04:49,33 (00:44,46)   400m: 05:31,58 (00:42,25)</i>				
30.	Annika Büch	2010	SSG Saar Max Ritter	05:32,57	1
	<i>50m: 00:37,03 (00:37,03)   100m: 01:19,97 (00:42,94)   150m: 02:02,79 (00:42,82) 200m: 02:45,40 (00:42,61)   250m: 03:27,91 (00:42,51)   300m: 04:11,25 (00:43,34) 350m: 04:52,77 (00:41,52)   400m: 05:32,57 (00:39,80)</i>				
31.	Jill Salzsiedler	2010	SG Essen	05:44,29	
	<i>50m: 00:34,94 (00:34,94)   100m: 01:14,93 (00:39,99)   150m: 01:57,73 (00:42,80) 200m: 02:42,14 (00:44,41)   250m: 03:28,18 (00:46,04)   300m: 04:13,63 (00:45,45) 350m: 05:00,16 (00:46,53)   400m: 05:44,29 (00:44,13)</i>				
32.	Lorena Guerra Gonzalez	2012	SG Essen	05:45,14	5
	<i>50m: 00:36,90 (00:36,90)   100m: 01:19,21 (00:42,31)   150m: 02:03,34 (00:44,13) 200m: 02:47,90 (00:44,56)   250m: 03:32,90 (00:45,00)   300m: 04:18,13 (00:45,23) 350m: 05:03,14 (00:45,01)   400m: 05:45,14 (00:42,00)</i>				
33.	Nila Szczygielski	2010	SVg Bottrop 1924 e.V.	05:45,72	
	<i>50m: 00:36,12 (00:36,12)   100m: 01:19,05 (00:42,93)   150m: 02:03,34 (00:44,29) 200m: 02:48,51 (00:45,17)   250m: 03:33,50 (00:44,99)   300m: 04:19,25 (00:45,75) 350m: 05:04,36 (00:45,11)   400m: 05:45,72 (00:41,36)</i>				
34.	Illira Eigner	2010	SG Essen	05:55,68	
	<i>50m: 00:35,32 (00:35,32)   100m: 01:16,82 (00:41,50)   150m: 02:02,73 (00:45,91) 200m: 02:50,33 (00:47,60)   250m: 03:37,37 (00:47,04)   300m: 04:24,74 (00:47,37) 400m: 05:55,68 (01:30,94)</i>				
35.	Mia Dahlke	2011	SVg Bottrop 1924 e.V.	05:56,69	
	<i>50m: 00:36,66 (00:36,66)   100m: 01:20,39 (00:43,73)   150m: 02:07,17 (00:46,78) 200m: 02:54,16 (00:46,99)   250m: 03:41,88 (00:47,72)   300m: 04:29,39 (00:47,51) 350m: 05:15,80 (00:46,41)   400m: 05:56,69 (00:40,89)</i>				
36.	Paula Deuker	2013	SG Essen	06:00,18	7
	<i>50m: 00:39,85 (00:39,85)   100m: 01:26,63 (00:46,78)   150m: 02:13,70 (00:47,07) 200m: 02:58,86 (00:45,16)   250m: 03:46,08 (00:47,22)   300m: 04:32,57 (00:46,49) 350m: 05:17,80 (00:45,23)   400m: 06:00,18 (00:42,38)</i>				

## noch Wettkampf 3 - 400m Freistil weiblich

### noch Offene Wertung

<b>Platz</b>	<b>Schwimmer(in)</b>	<b>Jg.</b>	<b>Verein</b>	<b>EndzeitRudolph</b>
37.	Mirja Kallweit	2010	SG Essen	06:22,62
	50m: 00:36,53 (00:36,53)   100m: 01:21,46 (00:44,93)   150m: 02:10,04 (00:48,58) 200m: 03:01,53 (00:51,49)   250m: 03:51,71 (00:50,18)   300m: 04:44,57 (00:52,86) 350m: 05:34,13 (00:49,56)   400m: 06:22,62 (00:48,49)			
38.	Elisaweta Sablin	2013	SG Essen	06:31,50
	50m: 00:39,00 (00:39,00)   100m: 01:28,23 (00:49,23)   150m: 02:18,59 (00:50,36) 200m: 03:10,55 (00:51,96)   250m: 04:02,33 (00:51,78)   300m: 04:53,07 (00:50,74) 350m: 05:43,59 (00:50,52)   400m: 06:31,50 (00:47,91)			

#### nicht am Start

Jana-Caterina Kasper	2005	SSG Saar Max Ritter	KMR
Thalea Noelle Bermann	2009	SG Essen	KMR

#### abgemeldet

Lena Schirmer	2008	SSG Saar Max Ritter	KMR
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## Wettkampf 4 - 400m Freistil männlich

CR: 03:51,94 - Poul Zellmann (SG Essen) am 23.03.2018 in Essen

### Pflichtzeiten

2010 bis 2013: 06:40,00 2009 und älter: 05:10,00

### Jugend D

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
1.	Samuel Konrad Krietenbrink	2012	SG Essen	05:15,87	11
	50m: 00:35,13 (00:35,13)   100m: 01:14,65 (00:39,52)   150m: 01:55,19 (00:40,54) 200m: 02:36,03 (00:40,84)   250m: 03:16,93 (00:40,90)   300m: 03:27,35 (00:10,42) 350m: 04:38,02 (01:10,67)   400m: 05:15,87 (00:37,85)				
2.	Justus Moritz Lindemann	2012	SG Essen	05:15,94	11
	50m: 00:36,39 (00:36,39)   100m: 01:16,14 (00:39,75)   150m: 01:56,90 (00:40,76) 200m: 02:37,33 (00:40,43)   250m: 03:18,33 (00:41,00)   300m: 03:58,37 (00:40,04) 350m: 04:39,01 (00:40,64)   400m: 05:15,94 (00:36,93)				
3.	Nick Gabbert	2012	SG Essen	05:39,22	6
	50m: 00:36,64 (00:36,64)   100m: 01:19,54 (00:42,90)   150m: 02:02,03 (00:42,49) 200m: 02:46,27 (00:44,24)   250m: 03:30,93 (00:44,66)   300m: 04:15,05 (00:44,12) 350m: 04:58,53 (00:43,48)   400m: 05:39,22 (00:40,69)				

### Jugend C

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
1.	Bastian Asmann	2011	SG Essen	04:59,90	9
	50m: 00:32,08 (00:32,08)   100m: 01:10,06 (00:37,98)   150m: 01:47,40 (00:37,34) 200m: 02:26,88 (00:39,48)   250m: 03:04,91 (00:38,03)   300m: 03:44,26 (00:39,35) 350m: 04:22,31 (00:38,05)   400m: 04:59,90 (00:37,59)				
2.	Jan Binia	2011	SVg Bottrop 1924 e.V.	05:33,29	1
	50m: 00:36,88 (00:36,88)   100m: 01:18,07 (00:41,19)   150m: 02:00,79 (00:42,72) 200m: 02:43,94 (00:43,15)   250m: 03:27,37 (00:43,43)   300m: 04:10,99 (00:43,62) 350m: 04:53,99 (00:43,00)   400m: 05:33,29 (00:39,30)				

### Offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
1.	Simon Reinke	2006	SG Essen	04:01,01	16
	50m: 00:28,09 (00:28,09)   100m: 00:58,35 (00:30,26)   150m: 01:29,79 (00:31,44) 200m: 02:00,76 (00:30,97)   250m: 02:31,48 (00:30,72)   300m: 03:01,98 (00:30,50) 350m: 03:32,65 (00:30,67)   400m: 04:01,01 (00:28,36)				
2.	Lukas Fritzke	2006	SSG Saar Max Ritter	04:01,04	16
	50m: 00:28,03 (00:28,03)   100m: 00:58,52 (00:30,49)   150m: 01:29,83 (00:31,31) 200m: 02:00,46 (00:30,63)   250m: 02:31,50 (00:31,04)   300m: 03:01,89 (00:30,39) 350m: 03:32,23 (00:30,34)   400m: 04:01,04 (00:28,81)				
3.	Joel Kalmbach	2004	SV Nikar Heidelberg	04:09,13	11
	50m: 00:28,35 (00:28,35)   100m: 00:59,63 (00:31,28)   150m: 01:32,20 (00:32,57) 200m: 02:04,23 (00:32,03)   250m: 02:36,04 (00:31,81)   300m: 03:07,78 (00:31,74) 350m: 03:39,14 (00:31,36)   400m: 04:09,13 (00:29,99)				
4.	Leo Ilias Baumann	2008	SSG Saar Max Ritter	04:09,64	15
	50m: 00:28,84 (00:28,84)   100m: 01:00,44 (00:31,60)   150m: 01:32,83 (00:32,39) 200m: 02:04,99 (00:32,16)   250m: 02:37,28 (00:32,29)   300m: 03:09,39 (00:32,11) 350m: 03:40,68 (00:31,29)   400m: 04:09,64 (00:28,96)				

## noch Wettkampf 4 - 400m Freistil männlich

### noch Offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
5.	Thure Stian Müller	2003	SGR Karlsruhe	04:14,68	9
	50m: 00:28,22 (00:28,22)   100m: 01:00,22 (00:32,00)   150m: 01:32,40 (00:32,18) 200m: 02:05,58 (00:33,18)   250m: 02:37,45 (00:31,87)   300m: 03:10,25 (00:32,80) 350m: 03:42,46 (00:32,21)   400m: 04:14,68 (00:32,22)				
6.	Jan Niklas Schmidt	2006	SV Cannstatt	04:15,40	12
	50m: 00:29,47 (00:29,47)   100m: 01:01,37 (00:31,90)   150m: 01:34,14 (00:32,77) 200m: 02:06,48 (00:32,34)   250m: 02:39,06 (00:32,58)   300m: 03:11,52 (00:32,46) 350m: 03:43,87 (00:32,35)   400m: 04:15,40 (00:31,53)				
7.	Maximilian Bandt	2008	Düsseldorfer SC 1898	04:19,25	13
	50m: 00:28,14 (00:28,14)   100m: 00:58,99 (00:30,85)   150m: 01:31,71 (00:32,72) 200m: 02:05,11 (00:33,40)   250m: 02:39,22 (00:34,11)   300m: 03:13,28 (00:34,06) 350m: 03:47,71 (00:34,43)   400m: 04:19,25 (00:31,54)				
8.	Hamza Ameziane	2008	SG Essen	04:19,43	13
	50m: 00:28,25 (00:28,25)   100m: 01:00,79 (00:32,54)   150m: 01:33,47 (00:32,68) 200m: 02:06,95 (00:33,48)   250m: 02:40,56 (00:33,61)   300m: 03:14,58 (00:34,02) 350m: 03:47,73 (00:33,15)   400m: 04:19,43 (00:31,70)				
9.	Simon Qin	2006	SG Frankfurt	04:20,56	10
	50m: 00:28,80 (00:28,80)   100m: 01:00,14 (00:31,34)   150m: 01:32,63 (00:32,49) 200m: 02:06,04 (00:33,41)   250m: 02:39,89 (00:33,85)   300m: 03:13,59 (00:33,70) 350m: 03:47,91 (00:34,32)   400m: 04:20,56 (00:32,65)				
10.	Henry Klode	2007	SG Essen	04:24,91	10
	50m: 00:28,58 (00:28,58)   100m: 00:59,85 (00:31,27)   150m: 01:32,68 (00:32,83) 200m: 02:05,88 (00:33,20)   250m: 02:40,52 (00:34,64)   300m: 03:15,33 (00:34,81) 350m: 03:51,01 (00:35,68)   400m: 04:24,91 (00:33,90)				
11.	Phil Malsch	2008	SG Frankfurt	04:27,07	11
	50m: 00:29,02 (00:29,02)   100m: 01:01,57 (00:32,55)   150m: 01:35,34 (00:33,77) 200m: 02:10,03 (00:34,69)   250m: 02:44,54 (00:34,51)   300m: 03:19,27 (00:34,73) 350m: 03:53,12 (00:33,85)   400m: 04:27,07 (00:33,95)				
12.	Linus Wessing	2005	SG Gladbeck/Recklinghausen	04:35,46	5
	50m: 00:28,73 (00:28,73)   100m: 01:02,46 (00:33,73)   150m: 01:36,51 (00:34,05) 200m: 02:12,72 (00:36,21)   250m: 02:48,14 (00:35,42)   300m: 03:24,85 (00:36,71) 350m: 04:00,58 (00:35,73)   400m: 04:35,46 (00:34,88)				
13.	Jason Grün	2009	SSG Saar Max Ritter	04:38,27	10
	50m: 00:32,00 (00:32,00)   100m: 01:06,67 (00:34,67)   150m: 01:41,55 (00:34,88) 200m: 02:17,34 (00:35,79)   250m: 02:54,10 (00:36,76)   300m: 03:29,28 (00:35,18) 350m: 04:04,51 (00:35,23)   400m: 04:38,27 (00:33,76)				
14.	Nils Gerdemann	2009	SSG Saar Max Ritter	04:44,79	8
	50m: 00:32,18 (00:32,18)   100m: 01:08,07 (00:35,89)   150m: 01:44,16 (00:36,09) 200m: 02:20,22 (00:36,06)   250m: 02:57,16 (00:36,94)   300m: 03:33,37 (00:36,21) 350m: 04:10,24 (00:36,87)   400m: 04:44,79 (00:34,55)				
15.	Elias Kusche	2008	VFL Gladbeck 1921	04:45,11	6
	50m: 00:31,52 (00:31,52)   100m: 01:07,17 (00:35,65)   150m: 01:43,81 (00:36,64) 200m: 02:19,63 (00:35,82)   250m: 02:56,92 (00:37,29)   300m: 03:33,95 (00:37,03) 350m: 04:10,83 (00:36,88)   400m: 04:45,11 (00:34,28)				
16.	Kilian Henke	2009	SG Mülheim	04:52,70	6
	50m: 00:32,48 (00:32,48)   100m: 01:08,65 (00:36,17)   150m: 01:46,26 (00:37,61) 200m: 02:23,58 (00:37,32)   250m: 03:01,90 (00:38,32)   300m: 03:39,15 (00:37,25) 350m: 04:16,83 (00:37,68)   400m: 04:52,70 (00:35,87)				

## noch Wettkampf 4 - 400m Freistil männlich

### noch Offene Wertung

<b>Platz</b>	<b>Schwimmer(in)</b>	<b>Jg.</b>	<b>Verein</b>	<b>Endzeit</b>	<b>Rudolph</b>
17.	Finn Schade	2009	SG Frankfurt	04:57,93	5
	50m: 00:32,19 (00:32,19)   100m: 01:08,62 (00:36,43)   150m: 01:46,29 (00:37,67) 200m: 02:24,59 (00:38,30)   250m: 03:03,01 (00:38,42)   300m: 03:41,75 (00:38,74) 350m: 04:19,97 (00:38,22)   400m: 04:57,93 (00:37,96)				
18.	Max Gabbert	2009	SG Essen	04:58,16	4
	50m: 00:32,32 (00:32,32)   100m: 01:09,83 (00:37,51)   150m: 01:47,70 (00:37,87) 200m: 02:26,57 (00:38,87)   250m: 03:04,83 (00:38,26)   300m: 03:44,39 (00:39,56) 350m: 04:22,35 (00:37,96)   400m: 04:58,16 (00:35,81)				
19.	Bastian Asmann	2011	SG Essen	04:59,90	9
	50m: 00:32,08 (00:32,08)   100m: 01:10,06 (00:37,98)   150m: 01:47,40 (00:37,34) 200m: 02:26,88 (00:39,48)   250m: 03:04,91 (00:38,03)   300m: 03:44,26 (00:39,35) 350m: 04:22,31 (00:38,05)   400m: 04:59,90 (00:37,59)				
20.	Samuel Konrad Krietenbrink	2012	SG Essen	05:15,87	11
	50m: 00:35,13 (00:35,13)   100m: 01:14,65 (00:39,52)   150m: 01:55,19 (00:40,54) 200m: 02:36,03 (00:40,84)   250m: 03:16,93 (00:40,90)   300m: 03:27,35 (00:10,42) 350m: 04:38,02 (01:10,67)   400m: 05:15,87 (00:37,85)				
21.	Justus Moritz Lindemann	2012	SG Essen	05:15,94	11
	50m: 00:36,39 (00:36,39)   100m: 01:16,14 (00:39,75)   150m: 01:56,90 (00:40,76) 200m: 02:37,33 (00:40,43)   250m: 03:18,33 (00:41,00)   300m: 03:58,37 (00:40,04) 350m: 04:39,01 (00:40,64)   400m: 05:15,94 (00:36,93)				
22.	Tyler Smuda	2007	SVg Bottrop 1924 e.V.	05:17,74	KMR
	50m: 00:33,89 (00:33,89)   100m: 01:12,34 (00:38,45)   150m: 01:53,19 (00:40,85) 200m: 02:34,54 (00:41,35)   250m: 03:17,27 (00:42,73)   300m: 03:58,83 (00:41,56) 350m: 04:40,91 (00:42,08)   400m: 05:17,74 (00:36,83)				
23.	Jan Binia	2011	SVg Bottrop 1924 e.V.	05:33,29	1
	50m: 00:36,88 (00:36,88)   100m: 01:18,07 (00:41,19)   150m: 02:00,79 (00:42,72) 200m: 02:43,94 (00:43,15)   250m: 03:27,37 (00:43,43)   300m: 04:10,99 (00:43,62) 350m: 04:53,99 (00:43,00)   400m: 05:33,29 (00:39,30)				
24.	Nick Gabbert	2012	SG Essen	05:39,22	6
	50m: 00:36,64 (00:36,64)   100m: 01:19,54 (00:42,90)   150m: 02:02,03 (00:42,49) 200m: 02:46,27 (00:44,24)   250m: 03:30,93 (00:44,66)   300m: 04:15,05 (00:44,12) 350m: 04:58,53 (00:43,48)   400m: 05:39,22 (00:40,69)				
<u>nicht am Start</u>					
	Adrien Cara	2000	SV Nikar Heidelberg		KMR
	Max Hegner	2004	SGR Karlsruhe		KMR
	Taras Teslenko	2005	SG Essen		KMR
<u>abgemeldet</u>					
	Elias Maurer	2005	SSG Saar Max Ritter		KMR
	Niklas Serges	1998	SG Essen		KMR



## Wettkampf 5 - 400m Lagen weiblich

CR: 04:47,96 - Giulia Goerigk (SGR Karlsruhe) am 13.03.2020 in Essen

### Pflichtzeiten

offen: 06:00,00

### Offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
1.	Marian Plöger 50m: 00:32,37 (00:32,37)   100m: 01:08,81 (00:36,44)   150m: 01:48,82 (00:40,01) 200m: 02:26,64 (00:37,82)   250m: 03:10,44 (00:43,80)   300m: 03:53,11 (00:42,67) 350m: 04:25,86 (00:32,75)   400m: 04:57,18 (00:31,32)	2006	VfL Sindelfingen	04:57,18	15
2.	Saskia Blasius 50m: 00:32,26 (00:32,26)   100m: 01:09,77 (00:37,51)   150m: 01:49,46 (00:39,69) 200m: 02:28,98 (00:39,52)   250m: 03:09,72 (00:40,74)   300m: 03:51,07 (00:41,35) 350m: 04:25,91 (00:34,84)   400m: 05:00,19 (00:34,28)	2005	TSV Neustadt 1906	05:00,19	14
3.	Laura Sophie Kohlmann 50m: 00:32,09 (00:32,09)   100m: 01:08,90 (00:36,81)   150m: 01:50,21 (00:41,31) 200m: 02:30,42 (00:40,21)   250m: 03:10,77 (00:40,35)   300m: 03:53,27 (00:42,50) 350m: 04:28,41 (00:35,14)   400m: 05:02,74 (00:34,33)	2009	SG Essen	05:02,74	16
4.	Mira Helget 50m: 00:32,89 (00:32,89)   100m: 01:10,50 (00:37,61)   150m: 01:47,71 (00:37,21) 200m: 02:24,50 (00:36,79)   250m: 03:09,49 (00:44,99)   300m: 03:54,25 (00:44,76) 350m: 04:29,89 (00:35,64)   400m: 05:04,68 (00:34,79)	2009	SGR Karlsruhe	05:04,68	15
5.	Lena Rossi 50m: 00:32,67 (00:32,67)   100m: 01:12,58 (00:39,91)   150m: 01:50,65 (00:38,07) 200m: 02:30,20 (00:39,55)   250m: 03:15,72 (00:45,52)   300m: 04:04,49 (00:48,77) 350m: 04:40,64 (00:36,15)   400m: 05:16,93 (00:36,29)	2009	SSG Saar Max Ritter	05:16,93	13
6.	Joelle Vogelmann 50m: 00:35,58 (00:35,58)   100m: 01:16,36 (00:40,78)   150m: 01:58,97 (00:42,61) 200m: 02:40,85 (00:41,88)   250m: 03:26,46 (00:45,61)   300m: 04:11,40 (00:44,94) 350m: 04:45,89 (00:34,49)   400m: 05:23,67 (00:37,78)	2005	SV Nikar Heidelberg	05:23,67	8
7.	Sophie Erbslöh 50m: 00:33,07 (00:33,07)   100m: 01:09,72 (00:36,65)   150m: 01:55,40 (00:45,68) 200m: 02:37,56 (00:42,16)   250m: 03:26,30 (00:48,74)   300m: 04:12,31 (00:46,01) 350m: 04:49,35 (00:37,04)   400m: 05:24,32 (00:34,97)	2009	SG Essen	05:24,32	11
8.	Hanna Seiter 50m: 00:33,72 (00:33,72)   100m: 01:13,61 (00:39,89)   150m: 01:54,61 (00:41,00) 200m: 02:38,95 (00:44,34)   250m: 03:23,32 (00:44,37)   300m: 04:11,34 (00:48,02) 350m: 04:48,03 (00:36,69)   400m: 05:25,17 (00:37,14)	2005	SGR Karlsruhe	05:25,17	8
9.	Katharina Franz 50m: 00:32,56 (00:32,56)   100m: 01:12,58 (00:40,02)   150m: 01:57,63 (00:45,05) 200m: 02:40,00 (00:42,37)   250m: 03:25,75 (00:45,75)   300m: 04:11,20 (00:45,45) 350m: 04:50,07 (00:38,87)   400m: 05:28,13 (00:38,06)	2008	SSG Saar Max Ritter	05:28,13	9
10.	Anna Schubert 50m: 00:33,40 (00:33,40)   100m: 01:15,06 (00:41,66)   150m: 01:57,57 (00:42,51) 200m: 02:38,73 (00:41,16)   250m: 03:26,09 (00:47,36)   300m: 04:14,78 (00:48,69) 350m: 04:54,87 (00:40,09)   400m: 05:33,17 (00:38,30)	2007	SG Frankfurt	05:33,17	7
11.	Nele Winkler 50m: 00:32,51 (00:32,51)   100m: 01:15,03 (00:42,52)   150m: 01:58,86 (00:43,83) 250m: 03:33,47 (01:34,61)   300m: 04:25,17 (00:51,70)   350m: 05:03,37 (00:38,20) 400m: 05:40,42 (00:37,05)	2008	SGR Karlsruhe	05:40,42	6

## noch Wettkampf 5 - 400m Lagen weiblich

### noch Offene Wertung

<b>Platz</b>	<b>Schwimmer(in)</b>	<b>Jg.</b>	<b>Verein</b>	<b>Endzeit</b>	<b>Rudolph</b>
12.	Iva Sofia Tanaskovic	2008	Düsseldorfer SC 1898	05:42,12	6
	<i>50m: 00:34,73 (00:34,73)   100m: 01:17,96 (00:43,23)   150m: 02:01,54 (00:43,58) 200m: 02:44,31 (00:42,77)   250m: 03:33,18 (00:48,87)   300m: 04:21,32 (00:48,14) 350m: 05:02,61 (00:41,29)   400m: 05:42,12 (00:39,51)</i>				
13.	Sarah Gerhards	2010	SG Essen	05:49,42	7
	<i>50m: 00:34,89 (00:34,89)   100m: 01:17,68 (00:42,79)   150m: 02:03,78 (00:46,10) 200m: 02:49,29 (00:45,51)   250m: 03:40,12 (00:50,83)   300m: 04:30,00 (00:49,88) 350m: 05:11,17 (00:41,17)   400m: 05:49,42 (00:38,25)</i>				
	<u>nicht am Start</u>				
	Emilie Heep	2011	SSG Saar Max Ritter		KMR
	Helena Stieren	2012	SSG Saar Max Ritter		KMR

## Wettkampf 6 - 400m Lagen männlich

CR: 04:24,48 - Jan David Schepers (SG Essen) am 25.03.2011 in Essen

### Pflichtzeiten

offen: 05:50,00

### Offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
1.	Finn Hammer 50m: 00:29,78 (00:29,78)   100m: 01:02,10 (00:32,32)   200m: 02:13,90 (01:11,80) 250m: 02:53,27 (00:39,37)   300m: 03:32,76 (00:39,49)   350m: 04:04,64 (00:31,88) 400m: 04:35,06 (00:30,42)	2006	SG Essen	04:35,06	15
2.	Tim Dennis Kost 50m: 00:29,48 (00:29,48)   100m: 01:05,29 (00:35,81)   150m: 01:43,33 (00:38,04) 200m: 02:20,59 (00:37,26)   250m: 02:57,97 (00:37,38)   300m: 03:34,94 (00:36,97) 350m: 04:09,88 (00:34,94)   400m: 04:41,15 (00:31,27)	2002	SV Nikar Heidelberg	04:41,15	11
3.	Leo Leverkus 50m: 00:28,88 (00:28,88)   100m: 01:02,90 (00:34,02)   150m: 01:41,79 (00:38,89) 200m: 02:18,77 (00:36,98)   250m: 02:59,16 (00:40,39)   300m: 03:41,58 (00:42,42) 350m: 04:13,45 (00:31,87)   400m: 04:42,55 (00:29,10)	2008	SGR Karlsruhe	04:42,55	15
4.	Ben Vester 50m: 00:29,14 (00:29,14)   100m: 01:03,87 (00:34,73)   150m: 01:41,20 (00:37,33) 200m: 02:18,81 (00:37,61)   250m: 02:57,64 (00:38,83)   300m: 03:38,01 (00:40,37) 350m: 04:10,96 (00:32,95)   400m: 04:43,21 (00:32,25)	2005	SV Cannstatt	04:43,21	12
5.	Maximilian Wiedemann 50m: 00:29,43 (00:29,43)   100m: 01:03,78 (00:34,35)   150m: 01:43,11 (00:39,33) 200m: 02:20,34 (00:37,23)   250m: 02:58,65 (00:38,31)   300m: 03:37,46 (00:38,81) 350m: 04:11,63 (00:34,17)   400m: 04:43,97 (00:32,34)	2005	SSF Bonn	04:43,97	12
6.	Mats Pöhler 50m: 00:30,05 (00:30,05)   100m: 01:05,64 (00:35,59)   150m: 01:44,70 (00:39,06) 200m: 02:23,19 (00:38,49)   250m: 03:03,95 (00:40,76)   300m: 03:43,30 (00:39,35) 350m: 04:16,88 (00:33,58)   400m: 04:49,10 (00:32,22)	2005	Aachener SV 06	04:49,10	11
7.	Tom Thalau 50m: 00:29,36 (00:29,36)   100m: 01:06,16 (00:36,80)   150m: 01:42,98 (00:36,82) 200m: 02:20,66 (00:37,68)   250m: 03:00,63 (00:39,97)   300m: 03:43,14 (00:42,51) 350m: 04:16,73 (00:33,59)   400m: 04:50,41 (00:33,68)	2005	SV Cannstatt	04:50,41	10
8.	Fabio Stief 50m: 00:31,63 (00:31,63)   100m: 01:07,59 (00:35,96)   150m: 01:47,84 (00:40,25) 200m: 02:26,23 (00:38,39)   250m: 03:02,95 (00:36,72)   300m: 03:41,53 (00:38,58) 350m: 04:17,35 (00:35,82)   400m: 04:52,40 (00:35,05)	2003	SV Nikar Heidelberg	04:52,40	8
9.	Moritz Birk 50m: 00:29,24 (00:29,24)   100m: 01:04,73 (00:35,49)   150m: 01:44,51 (00:39,78) 200m: 02:23,41 (00:38,90)   250m: 03:04,16 (00:40,75)   300m: 03:44,13 (00:39,97) 350m: 04:20,05 (00:35,92)   400m: 04:53,75 (00:33,70)	2008	SG Essen	04:53,75	12
10.	Subäjr Biltaev 50m: 00:30,85 (00:30,85)   100m: 01:06,66 (00:35,81)   150m: 01:49,05 (00:42,39) 200m: 02:29,46 (00:40,41)   250m: 03:08,66 (00:39,20)   300m: 03:49,01 (00:40,35) 350m: 04:24,27 (00:35,26)   400m: 04:56,78 (00:32,51)	2007	SV Cannstatt	04:56,78	10
11.	Luke Zabel 50m: 00:29,85 (00:29,85)   100m: 01:06,15 (00:36,30)   150m: 01:46,82 (00:40,67) 200m: 02:25,33 (00:38,51)   250m: 03:07,43 (00:42,10)   300m: 03:49,75 (00:42,32) 350m: 04:24,77 (00:35,02)   400m: 04:56,92 (00:32,15)	2009	SG Essen	04:56,92	14

## noch Wettkampf 6 - 400m Lagen männlich

### noch Offene Wertung

<b>Platz</b>	<b>Schwimmer(in)</b>	<b>Jg.</b>	<b>Verein</b>	<b>Endzeit</b>	<b>Rudolph</b>
12.	Erik Iskakov	2008	SSG Saar Max Ritter	04:57,15	12
	50m: 00:31,42 (00:31,42)   100m: 01:10,46 (00:39,04)   150m: 01:48,50 (00:38,04) 200m: 02:27,85 (00:39,35)   250m: 03:07,72 (00:39,87)   300m: 03:50,36 (00:42,64) 350m: 04:23,97 (00:33,61)   400m: 04:57,15 (00:33,18)				
13.	Erik Edelmann	2006	SGR Karlsruhe	05:00,40	9
	50m: 00:29,91 (00:29,91)   100m: 01:06,20 (00:36,29)   150m: 01:45,42 (00:39,22) 200m: 02:24,31 (00:38,89)   250m: 03:06,90 (00:42,59)   300m: 03:50,69 (00:43,79) 350m: 04:26,15 (00:35,46)   400m: 05:00,40 (00:34,25)				
14.	Lennart Strube	2006	SG Gladbeck/Recklinghausen	05:01,33	8
	50m: 00:30,51 (00:30,51)   100m: 01:06,94 (00:36,43)   150m: 01:47,39 (00:40,45) 200m: 02:27,24 (00:39,85)   250m: 03:09,53 (00:42,29)   300m: 03:51,87 (00:42,34) 350m: 04:27,68 (00:35,81)   400m: 05:01,33 (00:33,65)				
15.	Lukas Yifan Xie	2009	SG Essen	05:11,79	10
	50m: 00:32,32 (00:32,32)   100m: 01:09,12 (00:36,80)   150m: 01:51,60 (00:42,48) 200m: 02:31,64 (00:40,04)   250m: 03:16,23 (00:44,59)   300m: 04:00,60 (00:44,37) 350m: 04:37,80 (00:37,20)   400m: 05:11,79 (00:33,99)				
16.	Theodor Büscher	2011	SG Essen	05:19,55	14
	50m: 00:33,00 (00:33,00)   100m: 01:13,97 (00:40,97)   150m: 01:54,92 (00:40,95) 200m: 02:34,97 (00:40,05)   250m: 03:21,09 (00:46,12)   300m: 04:06,50 (00:45,41) 350m: 04:43,95 (00:37,45)   400m: 05:19,55 (00:35,60)				
17.	Anton Lange	2010	SG Essen	05:26,88	9
	50m: 00:32,76 (00:32,76)   100m: 01:13,63 (00:40,87)   150m: 01:56,17 (00:42,54) 200m: 02:35,28 (00:39,11)   250m: 03:22,49 (00:47,21)   300m: 04:10,37 (00:47,88) 350m: 04:49,66 (00:39,29)   400m: 05:26,88 (00:37,22)				
	<u>abgemeldet</u>				
	Carl Morris Magold	2004	SSG Saar Max Ritter		KMR

## Wettkampf 7 - 800m Freistil weiblich

CR: 08:41,60 - Isabelle Härle (SV Nikar Heidelberg) am 27.03.2011 in Essen

### Pflichtzeiten

offen: 11:00,00

### Offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
1.	Lea-Sophie Wenzel	2006	SG Essen	09:15,64	13
	50m: 00:31,04 (00:31,04)   100m: 01:04,49 (00:33,45)   150m: 01:39,17 (00:34,68) 200m: 02:13,75 (00:34,58)   250m: 02:49,25 (00:35,50)   300m: 03:24,04 (00:34,79) 350m: 03:59,34 (00:35,30)   400m: 04:34,42 (00:35,08)   450m: 05:10,04 (00:35,62) 500m: 05:45,41 (00:35,37)   550m: 06:21,21 (00:35,80)   600m: 06:56,48 (00:35,27) 650m: 07:32,11 (00:35,63)   700m: 08:07,56 (00:35,45)   750m: 08:42,72 (00:35,16) 800m: 09:15,64 (00:32,92)				
2.	Laura Krinke	2008	VFL Gladbeck 1921	10:09,36	7
	50m: 00:34,05 (00:34,05)   100m: 01:10,49 (00:36,44)   150m: 01:48,03 (00:37,54) 200m: 02:25,96 (00:37,93)   250m: 03:04,29 (00:38,33)   300m: 03:42,90 (00:38,61) 350m: 04:21,71 (00:38,81)   400m: 05:00,81 (00:39,10)   450m: 05:39,76 (00:38,95) 500m: 06:17,89 (00:38,13)   550m: 06:57,04 (00:39,15)   600m: 07:35,93 (00:38,89) 650m: 08:14,88 (00:38,95)   700m: 08:53,78 (00:38,90)   750m: 09:32,65 (00:38,87) 800m: 10:09,36 (00:36,71)				
3.	Celina Vollmer	2008	SG Mülheim	10:24,63	5
	50m: 00:33,48 (00:33,48)   100m: 01:10,91 (00:37,43)   150m: 01:48,99 (00:38,08) 200m: 02:27,75 (00:38,76)   250m: 03:07,06 (00:39,31)   300m: 03:46,32 (00:39,26) 350m: 04:25,75 (00:39,43)   400m: 05:05,31 (00:39,56)   450m: 05:45,95 (00:40,64) 500m: 06:25,51 (00:39,56)   550m: 07:06,13 (00:40,62)   600m: 07:46,04 (00:39,91) 650m: 08:26,34 (00:40,30)   700m: 09:05,78 (00:39,44)   750m: 09:46,12 (00:40,34) 800m: 10:24,63 (00:38,51)				
4.	Mathilda Yu-Ri Buschmeyer	2011	SG Essen	10:30,66	11
	50m: 00:35,28 (00:35,28)   100m: 01:14,55 (00:39,27)   150m: 01:54,87 (00:40,32) 200m: 02:33,88 (00:39,01)   250m: 03:14,00 (00:40,12)   300m: 03:53,85 (00:39,85) 350m: 04:34,15 (00:40,30)   400m: 05:13,57 (00:39,42)   450m: 05:53,56 (00:39,99) 500m: 06:33,53 (00:39,97)   550m: 07:13,43 (00:39,90)   600m: 07:54,05 (00:40,62) 650m: 08:33,94 (00:39,89)   700m: 09:13,19 (00:39,25)   750m: 09:53,42 (00:40,23) 800m: 10:30,66 (00:37,24)				
5.	Lieselotte Eiden	2011	SSG Saar Max Ritter	10:30,88	11
	50m: 00:35,94 (00:35,94)   100m: 01:15,02 (00:39,08)   150m: 01:54,72 (00:39,70) 200m: 02:34,91 (00:40,19)   250m: 03:14,74 (00:39,83)   300m: 03:54,56 (00:39,82) 350m: 04:34,83 (00:40,27)   400m: 05:15,16 (00:40,33)   450m: 05:56,07 (00:40,91) 500m: 06:36,93 (00:40,86)   550m: 07:17,32 (00:40,39)   600m: 07:58,03 (00:40,71) 650m: 08:37,99 (00:39,96)   700m: 09:17,43 (00:39,44)   750m: 09:56,33 (00:38,90) 800m: 10:30,88 (00:34,55)				
6.	Greta Marleen Kluczka	2010	SG Essen	10:42,77	6
	50m: 00:35,24 (00:35,24)   100m: 01:14,53 (00:39,29)   150m: 01:54,27 (00:39,74) 200m: 02:34,73 (00:40,46)   250m: 03:14,82 (00:40,09)   300m: 03:55,93 (00:41,11) 350m: 04:36,34 (00:40,41)   400m: 05:17,50 (00:41,16)   450m: 05:58,09 (00:40,59) 500m: 06:39,16 (00:41,07)   550m: 07:20,12 (00:40,96)   600m: 08:01,56 (00:41,44) 650m: 08:42,37 (00:40,81)   700m: 09:23,26 (00:40,89)   750m: 10:03,52 (00:40,26) 800m: 10:42,77 (00:39,25)				

## noch Wettkampf 7 - 800m Freistil weiblich

### noch Offene Wertung

<i>Platz</i>	<i>Schwimmer(in)</i>	<i>Jg.</i>	<i>Verein</i>	<i>EndzeitRudolph</i>
	<u>nicht am Start</u>			
	Jana-Caterina Kasper	2005	SSG Saar Max Ritter	KMR

## Wettkampf 8 - 1500m Freistil männlich

CR: 15:20,41 - Poul Zellmann (SG Essen) am 04.03.2016 in Essen

### Pflichtzeiten

offen: 21:00,00

### Offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Rudolph
1.	Lukas Fritzke	2006	SSG Saar Max Ritter	16:00,48	15
	50m: 00:28,70 (00:28,70)   100m: 00:59,72 (00:31,02)   150m: 01:32,00 (00:32,28) 200m: 02:03,63 (00:31,63)   250m: 02:35,81 (00:32,18)   300m: 03:07,41 (00:31,60) 350m: 03:39,72 (00:32,31)   400m: 04:11,21 (00:31,49)   450m: 04:43,38 (00:32,17) 500m: 05:15,37 (00:31,99)   550m: 05:47,61 (00:32,24)   600m: 06:19,18 (00:31,57) 650m: 06:51,63 (00:32,45)   700m: 07:23,42 (00:31,79)   750m: 07:55,86 (00:32,44) 800m: 08:27,79 (00:31,93)   850m: 09:00,16 (00:32,37)   900m: 09:32,23 (00:32,07) 950m: 10:04,58 (00:32,35)   1000m: 10:36,84 (00:32,26)   1050m: 11:09,73 (00:32,89) 1100m: 11:42,20 (00:32,47)   1150m: 12:14,74 (00:32,54)   1200m: 12:46,86 (00:32,12) 1250m: 13:20,04 (00:33,18)   1300m: 13:52,16 (00:32,12)   1350m: 14:25,06 (00:32,90) 1400m: 14:57,49 (00:32,43)   1450m: 15:30,14 (00:32,65)   1500m: 16:00,48 (00:30,34)				
2.	Simon Reinke	2006	SG Essen	16:07,89	15
	50m: 00:29,00 (00:29,00)   100m: 00:59,93 (00:30,93)   150m: 01:32,23 (00:32,30) 200m: 02:03,73 (00:31,50)   250m: 02:35,97 (00:32,24)   300m: 03:07,65 (00:31,68) 350m: 03:40,06 (00:32,41)   400m: 04:11,73 (00:31,67)   450m: 04:43,89 (00:32,16) 500m: 05:15,92 (00:32,03)   550m: 05:48,27 (00:32,35)   600m: 06:20,23 (00:31,96) 650m: 06:52,88 (00:32,65)   700m: 07:25,07 (00:32,19)   750m: 07:57,92 (00:32,85) 800m: 08:30,22 (00:32,30)   850m: 09:03,07 (00:32,85)   900m: 09:35,55 (00:32,48) 950m: 10:08,53 (00:32,98)   1000m: 10:41,47 (00:32,94)   1050m: 11:14,39 (00:32,92) 1100m: 11:47,04 (00:32,65)   1150m: 12:20,30 (00:33,26)   1200m: 12:53,14 (00:32,84) 1250m: 13:26,38 (00:33,24)   1300m: 13:59,02 (00:32,64)   1350m: 14:30,80 (00:31,78) 1400m: 15:04,74 (00:33,94)   1450m: 15:37,53 (00:32,79)   1500m: 16:07,89 (00:30,36)				
3.	Phil Malsch	2008	SG Frankfurt	17:30,18	12
	50m: 00:30,19 (00:30,19)   100m: 01:03,46 (00:33,27)   150m: 01:39,07 (00:35,61) 200m: 02:13,54 (00:34,47)   250m: 02:48,47 (00:34,93)   300m: 03:23,27 (00:34,80) 350m: 03:58,70 (00:35,43)   400m: 04:33,60 (00:34,90)   450m: 05:09,47 (00:35,87) 500m: 05:44,64 (00:35,17)   550m: 06:21,02 (00:36,38)   600m: 06:56,40 (00:35,38) 650m: 07:32,20 (00:35,80)   700m: 08:07,28 (00:35,08)   750m: 08:43,52 (00:36,24) 800m: 09:18,23 (00:34,71)   850m: 09:54,18 (00:35,95)   900m: 10:28,65 (00:34,47) 950m: 11:04,00 (00:35,35)   1000m: 11:38,56 (00:34,56)   1050m: 12:13,80 (00:35,24) 1100m: 12:48,46 (00:34,66)   1150m: 13:24,19 (00:35,73)   1200m: 13:58,58 (00:34,39) 1250m: 14:33,15 (00:34,57)   1300m: 15:09,06 (00:35,91)   1350m: 15:44,97 (00:35,91) 1400m: 16:20,47 (00:35,50)   1450m: 16:56,46 (00:35,99)   1500m: 17:30,18 (00:33,72)				
4.	Julius Gampert	2007	Düsseldorfer SC 1898	17:50,40	9
	50m: 00:30,10 (00:30,10)   100m: 01:03,96 (00:33,86)   150m: 01:39,35 (00:35,39) 200m: 02:14,37 (00:35,02)   250m: 02:50,25 (00:35,88)   300m: 03:25,69 (00:35,44) 350m: 04:01,25 (00:35,56)   400m: 04:36,92 (00:35,67)   450m: 05:13,09 (00:36,17) 500m: 05:48,97 (00:35,88)   550m: 06:25,48 (00:36,51)   600m: 07:01,51 (00:36,03) 650m: 07:37,77 (00:36,26)   700m: 08:13,78 (00:36,01)   750m: 08:50,13 (00:36,35) 800m: 09:25,77 (00:35,64)   850m: 10:02,35 (00:36,58)   900m: 10:38,02 (00:35,67) 950m: 11:14,46 (00:36,44)   1000m: 11:50,37 (00:35,91)   1050m: 12:26,70 (00:36,33) 1100m: 13:02,87 (00:36,17)   1150m: 13:39,19 (00:36,32)   1200m: 14:15,33 (00:36,14) 1250m: 14:51,77 (00:36,44)   1300m: 15:27,68 (00:35,91)   1350m: 16:04,13 (00:36,45) 1400m: 16:39,92 (00:35,79)   1450m: 17:15,79 (00:35,87)   1500m: 17:50,40 (00:34,61)				

## noch Wettkampf 8 - 1500m Freistil männlich

### noch Offene Wertung

<b>Platz</b>	<b>Schwimmer(in)</b>	<b>Jg.</b>	<b>Verein</b>	<b>Endzeit</b>	<b>Rudolph</b>
5.	Max Winter	2010	SG Essen	19:46,92	7
<i>50m: 00:34,14 (00:34,14)   100m: 01:12,58 (00:38,44)   150m: 01:51,58 (00:39,00)</i>					
<i>200m: 02:30,41 (00:38,83)   250m: 03:09,77 (00:39,36)   300m: 03:49,92 (00:40,15)</i>					
<i>350m: 04:29,45 (00:39,53)   400m: 05:08,59 (00:39,14)   450m: 05:48,59 (00:40,00)</i>					
<i>500m: 06:27,75 (00:39,16)   550m: 07:08,78 (00:41,03)   600m: 07:48,15 (00:39,37)</i>					
<i>650m: 08:28,58 (00:40,43)   700m: 09:07,98 (00:39,40)   750m: 09:48,16 (00:40,18)</i>					
<i>800m: 10:27,42 (00:39,26)   850m: 11:08,09 (00:40,67)   900m: 11:47,93 (00:39,84)</i>					
<i>950m: 12:27,96 (00:40,03)   1000m: 13:07,20 (00:39,24)   1050m: 13:47,88 (00:40,68)</i>					
<i>1100m: 14:27,88 (00:40,00)   1150m: 15:09,08 (00:41,20)   1200m: 15:48,93 (00:39,85)</i>					
<i>1250m: 16:29,95 (00:41,02)   1300m: 17:09,33 (00:39,38)   1350m: 17:50,78 (00:41,45)</i>					
<i>1400m: 18:30,30 (00:39,52)   1450m: 19:10,36 (00:40,06)   1500m: 19:46,92 (00:36,56)</i>					

abgemeldet

Lauren Gondro

2012 SG Essen

KMR

Essen Rüttenscheid, den 17.03.2023

Abschnittende: 17:46 Uhr

Protokollende: 17:48 Uhr

Schiedsrichter weiblich

Schiedsrichter männlich

Protokollführer